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## अखिल भारतीय तकनीकी शिक्षा परिषद

(भारत सरकार का एक सांविधिक निकाय) (शिक्षा मंत्रालय, भारत सरकार) नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली-110070

## **ALL INDIA COUNCIL FOR TECHNICAL EDUCATION**

(A Statutory Body of the Govt. of India) (Ministry of Education, Govt. of India) Nelson Mandela Marg, Vasant Kunj, New Delhi-110070

F. No. AICTE/P&AP/Misc/2023/

Dated: 10.01.2023

To

## **CIRCULAR**

All Vice Chancellors of Technical Universities and All Directors/ Principals of AICTE Approved Institutions,

Subject: To promote health and well-being for all "Mental Health Policy 2014" and "Mental Healthcare Act 2017-regarding.

Sir/Madam.

The Government has long been committed to promote health and well-being for all. 'Mental Health Policy 2014' and 'Mental Healthcare Act 2017' provide the much needed policy and legal framework to fortify efforts to promote well-being of the population which also address suicide as public health issue.

Suicide has emerged as a significant public health concern, both globally and in our country. In 2016, the annual global suicide rate was estimated to be 10.5 per 100,000 populations. As per NCRB's report, the suicide rate in India was 10.4 per 100,000 populations in the year 2019. Suicide is not a single facet phenomenon, the reasons behind suicide vary by age, gender, educational and economic status. Suicide is a tragic loss of life, impacting those living with the loss and the society as a whole. However, it is encouraging that with right interventions suicide is preventable.

Ministry of Health and Family Welfare has formulated National Suicide Prevention Strategy which utilizes the guidance established by National and International documents for mental health and suicide prevention. National Suicide Prevention Strategy follows a Multi-Sectoral approach, which includes departments of Central and State Governments, local Self-government and Panchayati Raj, Community volunteers and civil society groups, UN agencies, professional bodies etc.

All AICTE approved Institutions/Technical Universities are requested to consider and initiate on priority various actions as listed out in the strategy in respect of the HEIs. The Strategy is available on the website of Ministry of Health and Family Welfare.

(Link:

 $\frac{https://main.mohfw.gov.in/sites/default/files/National\%20Suicide\%20Prevention\%20Strategy.pdf )$ 

(Dr. Ramesh Unnikrishnan) Advisor-II Policy & Academic Planning Bureau

Regards

