



# All India Council for Technical Education

Nelson Mandela Marg, VasantKunj, New Delhi-110070



## Celebration of International Day of Yoga, 2020

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Sir / Madam,

Greetings from All India Council for Technical Education!

The AICTE is in-receipt of a letter No 16- 17/2018 NS-1 dated 17/06/2020 from the Ministry of Human Resource Development along with a DO No 16011/42/2019--YN dated 04/06/2020 from Ministry of Ayush regarding the wide publicity for celebrating the International Day of Yoga (IDY) on 21/06/2020. A brief of the contents of the letter is as follows:-

- 1) Due to the current pandemic, the observation of IDY needs to be re-purposed with a focus on social-distancing as no mass gathering is possible.
- 2) People may be encouraged to pursue Yoga from their home for building immunity and relief from stress.
- 3) Extensive use of social media platforms like YouTube, Facebook, Twitter, Instagram, etc. may be made to facilitate online participation from the people.
- 4) For celebrating IDY Common Yoga Protocol (CYD) Drill may be joined on 21/06/2020 at 7 am, which is a 45 minutes yoga protocol developed by accomplished Yoga experts. Complete details regarding this will be available on the Ministry of Ayush's Social Media Platforms.
- 5) Internal guidelines may be issued to motivate teachers to use online platforms to encourage Youth and activities like lectures, workshops, and online training sessions may be organized.
- 6) Usage of Diksha Platform as a dedicated Yoga channel.

AICTE requests you to prioritize the activities mentioned above and ensure to record participation on the final day.

Annexure I- "I want to be a part of IDY - 2020. What should I do?" is attached for your ready reference.

**Best Regards,  
AICTE, New Delhi**